

Student Health and Emergency/Insurance Information

For returning students

You will receive an email from Delbarton in early June that provides a link for you to enter online your son's biographical and emergency contact information. You will be able to update information online in successive school years. The forms below are required to be completed and returned .

Annual Physical Exam

- Completed yearly (every 365 days) in two parts
- Part A: health history questionnaire to be completed by parent and reviewed by physician
- Part B: physical exam form completed by physician after your son's physical examination. **Both Part A and Part B must be submitted.**

Medication Form

- NJ State Law stipulates that the school nurse have both parent and physician permission to administer medication (prescription and/or non-prescription) to a student during the school day.
- Remember to take the **Medication Form** to your son's doctor for the physician signature.

Athletic Pre-Participation Form

- Student athletes trying out for a fall sport must submit the **Annual Physical Exam** and the **Athletic Pre-Participation Form** before the first practice.
- This form is completed each season within 60 days of beginning a sport. *Do not send this form in July if your son is playing a winter or spring sport.*

Dental Report

- Completed by dentist and returned by July 15th.

ImPACT Concussion Baseline Test Consent Form

- ImPACT Baseline Test is a computer-based test required for athletes before engaging in contact sports.
- Sign and return this form if your son is playing football or soccer this fall. The test is administered by the athletic trainers here at Delbarton.

NJSIAA Steroid Testing Policy-Consent to Random Testing

- Signed by parent/guardian and student. This form is required before participation in any sport.

NJSIAA Concussion Policy and Acknowledgement Form

- Signed by parent/guardian and student. This form is required before participation in any sport.

All forms must be submitted before a student is permitted to attend school or try out for a sport.

Medications

Students on essential prescription medication should store a three day back-up supply with the nurse. Students should not carry any medication unless it is needed for a life threatening emergency. If your child needs a medication during the school day, it must be administered by the nurse. If your child needs their own inhaler for asthma, or epipen for allergic reaction, label it with the student's name and submit a written order and emergency action plan (signed by the doctor and the parent) to the School Nurse. It is highly recommended that an extra inhaler and epipen be left in the nurse's office for emergency purposes. The **Allergy Emergency Treatment Form, the Permission for Self-Administration of Medication** and the **Asthma Action Form** are available, along with the other forms, on the Delbarton School Website under 'Student Life'... 'Nurse's Corner'.

The NJ Department of Education recently passed a law to increase awareness and emphasize prevention of possible sudden death of young athletes. Please read the brochure "Sudden Cardiac Death in Young Athletes".

DON'T HESITATE TO CONTACT ME WITH QUESTIONS. THANK YOU -- AND HAVE A WONDERFUL SUMMER!

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